Oxygen prescription

Dr Julian Forton. Consultant in paediatric respiratory medicine Noah's Ark Children's Hospital for Wales

	NHS		Develo	ped in	o collabo	oration with	n the All	Wales Chie	f Pharm	acists Co	ommittee			RD
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HEALTH RECORD NUMBER

PATIENT'S NAME

MORNING (around 0800); MIDDAY (between 1200 & 1400); EVENING (around 1800): BEDTIME (around 2200) MONTH YEAR **REGULAR MEDICINES** ENTER DOSE AGAINST TIME REQUIRED. USE ONE ROUTE DATE ONLY FOR EACH ENTRY Device L/min or % O2, (you may select multiple devices and multiple oxygen limits) OXYGEN Headbox oxygen sign all oxygen limit boxes that you tick Prescriber's Signature Mask with reservoir bag (for high O2 %) bleep No. Other device. Target Saturations (please circle) MORNING >92% MIDDAY >95% EVENING Other. BEDTIME SPECIAL INSTRUCTIONS PRESCRIBER'S SIGNATURE DATE -ROUTE -B SPECIFY TIME IF bleep No. REQUIRED 🚽 ¥ Morning Midday Evening Bedtime DATE -> SIGNATURE ROUTE -DOSE SPECIFY TIME IF bleep No. REQUIRED 🚽 ¥ Morning Midday Evening Bedtime DATE 🔸 SIGNATURE ROUTE -SPECIFY TIME IF bleep No. REQUIRED + Morning Midday F Evening Bedtime DATE -> SIGNATURE ROUTE -DOSE SIGN SPECIFY TIME IF bleep No. REQUIRED ¥ Morning Midday Evening Bedtime NON-ADMINISTRATION OF MEDICINES When a patient does not receive a prescribed dose, the nurse should enter one of the code numbers given below in the administration box, to explain the reason for non-administration. Please attempt to obtain any unavailable medicines. X. Prescriber's request 5. Medicine unavailable 3. Patient unable to receive medicines/or no access 2. Patient not on ward 4. Patient refused medicine 6. See Notes

ADMINISTER ARE ß S ĝ FURTHER ORE Ш B **RE-WRITTEN** ш Ξ ST Ñ CHART

Oxygen prescription chart

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EXCEPTION: Oxygen may be given without a prescription in any emergency

Prescribe it as soon as possible

Example scenario 9 month child; bronchiolitis

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Doctor's prescription

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Nurse documentation

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Clinical deterioration day 3 Nurse contacts doctor

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Doctor makes clinical assessment & increases oxygen prescription

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Clinical deterioration overnight Nurse increases oxygen as needed Nurse contacts doctor

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Doctor makes clinical assessment & increases oxygen prescription

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Child transferred to HDU & started on nCPAP with 10L/min O₂

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Is oxygen dangerous?

- In adults with chronic respiratory disease and CO₂ retention, respiratory drive may be dependent on hypoxia
- Giving oxygen to these patients may cause CO₂ narcosis.
- These <u>adult</u> patients are managed with regular blood gases and lower target oxygen saturations

Is oxygen dangerous in children?

- In theory, children with chronic respiratory disease may also have CO₂ retention
- CO₂ narcosis is rare in the paediatric population
- However, Pay particular attention to children with chronic lung disease of prematurity, end stage cystic fibrosis, neuromuscular weakness and obesity
- If in doubt talk to your consultant

Monitoring oxygen (nurse)

Observation chart 4 hourly observations RR oxygen saturations Level of oxygen delivered mode of oxygen delivery

Drug Chart Double signing of oxygen prescription at each drug round

Titrating oxygen (nurse)

If sats are lower than target threshold on chart

If sats are higher than target threshold on chart

- Always give the minimum oxygen possible
- Monitor sats for 5 mins at every change
- Document sats after 5 mins on chart
- If oxygen delivered reaches upper extreme of range, call for medical review

Stopping oxygen (nurse /doctor)

When

- Patient stable on minimal oxygen
- Sats are within range on 2 consecutive observations
 How
- Stop oxygen & monitor sats for 5mins.
- If stable, continue to monitor in air for 1 hour
- If saturation falls, then re-start oxygen
- If saturation remain stable at one hour, stay in air
- Document the changes you make
- Oxygen may still be required at night and with feeding

Responsibilities

DOCTORS

Prescribe oxygen Target saturations Device Oxygen delivery limits Sign drug chart

Review withdrawal of oxygen Cross off oxygen on drug chart

NURSES

Start oxygen achieve target straight away

Monitor oxygen minimum 4 hourly.

Titrate and wean off oxygen Always give the minimum oxygen required

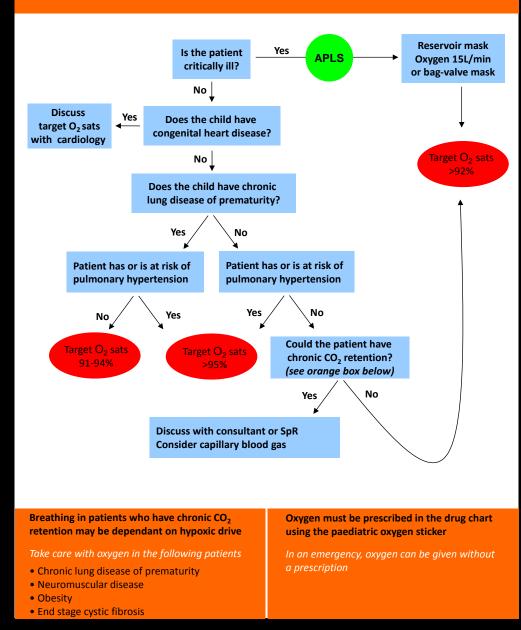
Record

O₂ Sats, RR, O₂ delivery, delivery device Sign drug chart every drug round Document all changes in oxygen requirement

Inform doctors

If limits to oxygen prescription are reached

EMERGENCY OXYGEN PRESCRIBING PAEDIATRIC GUIDELINES IN SECONDARY CARE



Guidance on oxygen delivery interfaces in children

DEVICE/FiO ₂	INDICATIONS	ADVANTAGES	LIMITATIONS
Headbox Humidified and warmed O2 24-60%	Suitable for infants and small children with acute episodes of respiratory illness eg bronchiolitis	 Controlled oxygen delivery Well tolerated in infants Easy delivery of humidified O2 	 CO₂ build up may occur if flow <71/min OR outflow from box is obstructed. O₂ needs to be warmed for smaller infants as the environment inside can become cold Access to give care can cause significant fall in oxygen delivered
Nasal cannulae Maximum flow rate 2l/min Estimated oxygen delivery 24-40%	 Long Term Oxygen Therapy (LTOT). Minimal oxygen requirement Recovery phase from acute episodes 	 Low cost and easy for patient to eat and talk well tolerated No re-breathing. 	 Uncontrolled oxygen delivery Oxygen delivery is affected by flow setting, respiratory rate, depth of breathing and geometry of nose. Dries the nose, can cause headaches.
Facemask 5-15 litres/min Estimated oxygen delivery 40-60%	 Use for patients who need high oxygen delivery 	Useful in children who • are mouth breathers • have nasal irritation • have epistaxis	 Minimum delivery Slitres/min to avoid rebreathing of expired CO₂. Oxygen delivery is affected by flow setting, mask fitting, mask leak and patient's breathing pattern.
Non re-breathe mask 6 -15 litres/min Estimated oxygen delivery 60-100%	Often used in APLS setting (trauma, shock, severe asthma, convulsions, reduced level of consciousness)	Delivers very high concentrations of oxygen	 Minimum delivery 6 litres/min to avoid rebreathing of expired CO₂. Oxygen delivery is affected by mask fitting and mask leak

6/6/203

Dr Julian Forton. Consultant in paediatric respiratory medicine



Bwrdd Iechyd Prifysgol Caerdydd a'r Fro Cardiff and Vale University Health Board

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