

Oxygen prescription

Dr Julian Forton. Consultant in paediatric respiratory medicine
Noah's Ark Children's Hospital for Wales

PATIENT'S NAME HEALTH RECORD NUMBER

MORNING (around 0800); MIDDAY (between 1200 & 1400); EVENING (around 1800); BEDTIME (around 2200)

ENTER DOSE AGAINST TIME REQUIRED. USE ONE ROUTE ONLY FOR EACH ENTRY		REGULAR MEDICINES		MONTH	YEAR
DATE					
MEDICINE OXYGEN sign all oxygen limit boxes that you tick Prescriber's Signature bleep No.		Device L/min or % O ₂ . (you may select multiple devices and multiple oxygen limits)			
		Nasal cannula		0.01-1 L/min <input type="checkbox"/>	1-2 L/min <input type="checkbox"/>
		Headbox oxygen		<40% <input type="checkbox"/>	40-60% <input type="checkbox"/>
		Facemask		6-10 L/min <input type="checkbox"/>	10-15 L/min <input type="checkbox"/>
		Mask with reservoir bag (for high O ₂ %)		10-15 L/min <input type="checkbox"/>	<input type="checkbox"/>
		Other device:		<input type="checkbox"/>	<input type="checkbox"/>
Target Saturations (please circle)		NURSE CHECK MORNING MIDDAY EVENING BEDTIME		RE-WRITE CHART	
>92%					
>95%					
Other					
DATE →		MEDICINE (Approved Name)		SPECIAL INSTRUCTIONS	PHARMACIST
ROUTE →				PRESCRIBER'S SIGNATURE	SUPPLY
SPECIFY TIME IF REQUIRED ↓		DOSE ↓	SIGN DOSE CHANGE ↓	bleep No.	
Morning					
Midday					
Evening					
Bedtime					
DATE →		MEDICINE (Approved Name)		SPECIAL INSTRUCTIONS	PHARMACIST
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SPECIFY TIME IF REQUIRED ↓		DOSE ↓	SIGN DOSE CHANGE ↓	bleep No.	
Morning					
Midday					
Evening					
Bedtime					

CHART MUST BE RE-WRITTEN BEFORE FURTHER DOSES ARE ADMINISTERED

NON-ADMINISTRATION OF MEDICINES

When a patient does not receive a prescribed dose, the nurse should enter one of the code numbers given below in the administration box, to explain the reason for non-administration. Please attempt to obtain any unavailable medicines.

- 1. Prescriber's request
- 2. Patient not on ward
- 3. Patient unable to receive medicines/or no access
- 4. Patient refused medicine
- 5. Medicine unavailable
- 6. See Notes

Oxygen prescription chart

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		DATE												
MEDICINE OXYGEN sign all oxygen limit boxes that you tick		Device					L/min or % O₂, (you may select multiple devices and multiple oxygen limits)							
		Nasal cannula		0.01-1 L/min			<input type="checkbox"/>	1-2 L/min		<input type="checkbox"/>				
		Headbox oxygen		<40%			<input type="checkbox"/>	40-60%		<input type="checkbox"/>				
		Facemask		6-10 L/min			<input type="checkbox"/>	10-15 L/min		<input type="checkbox"/>				
		Mask with reservoir bag (for high O ₂ %)		10-15 L/min			<input type="checkbox"/>			<input type="checkbox"/>				
Prescriber's Signature bleep No.		Other device.....					<input type="checkbox"/>			<input type="checkbox"/>				
Target Saturations (please circle)		NURSE CHECK ↓												RE-WRITE CHART
>92%		MORNING												
>95%		MIDDAY												
		EVENING												
Other		BEDTIME												

EXCEPTION:

Oxygen may be given
without a prescription
in any emergency

Prescribe it as soon as possible

Doctor's prescription

ENTER DOSE AGAINST TIME REQUIRED. USE ONE ROUTE ONLY FOR EACH ENTRY		REGULAR MEDICINES				MONTH <i>July</i>				YEAR <i>2014</i>			
DATE <i>11</i>													
MEDICINE OXYGEN sign all oxygen limit boxes that you tick		Device Nasal cannula		L/min or % O₂ , (you may select multiple devices and multiple oxygen limits) 0.01-1 L/min		<input checked="" type="checkbox"/> <i>Jf 11/7/14</i>		1-2 L/min		<input type="checkbox"/>			
		Headbox oxygen		<40%		<input checked="" type="checkbox"/> <i>Jf 11/7/14</i>		40-60%		<input type="checkbox"/>			
		Facemask		6-10 L/min		<input type="checkbox"/>		10-15 L/min		<input type="checkbox"/>			
Prescriber's Signature bleep No. <i>Jforton 1234</i>		Mask with reservoir bag (for high O ₂ %)		10-15 L/min		<input type="checkbox"/>							
Other device.....						<input type="checkbox"/>							
Target Saturations (please circle)		NURSE CHECK ↓										RE-WRITE CHART	
>92%		MORNING											
>95%		MIDDAY											
Other		EVENING											
		BEDTIME											

Nurse documentation

ENTER DOSE AGAINST TIME REQUIRED. USE ONE ROUTE ONLY FOR EACH ENTRY		REGULAR MEDICINES				MONTH <i>July</i>				YEAR <i>2014</i>																																																																										
DATE		<i>11</i>	<i>12</i>																																																																																	
MEDICINE OXYGEN sign all oxygen limit boxes that you tick		Device Nasal cannula Headbox oxygen Facemask Mask with reservoir bag (for high O ₂ %) Other device.....		L/min or % O₂ (you may select multiple devices and multiple oxygen limits) 0.01-1 L/min <40% 6-10 L/min 10-15 L/min										<input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>																																																																						
Prescriber's Signature bleep No. <i>Jforton 1234</i>		<input checked="" type="checkbox"/> <i>Jf 11/7/14</i> <input checked="" type="checkbox"/> <i>Jf 11/7/14</i> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>																																																																																		
Target Saturations (please circle) >92% >95% Other	NURSE CHECK ↓ MORNING MIDDAY EVENING BEDTIME	<table border="1"> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td><i>/</i></td> <td><i>BW/TF</i></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td><i>PS/AT</i></td> <td><i>SH/SL</i></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td><i>PS/AT</i></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td><i>BW/TF</i></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </table>																										<i>/</i>	<i>BW/TF</i>													<i>PS/AT</i>	<i>SH/SL</i>													<i>PS/AT</i>														<i>BW/TF</i>													RE-WRITE CHART	
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Clinical deterioration day 3

Nurse contacts doctor

ENTER DOSE AGAINST TIME REQUIRED. USE ONE ROUTE ONLY FOR EACH ENTRY		REGULAR MEDICINES				MONTH <i>July</i>				YEAR <i>2014</i>			
DATE		<i>11</i>	<i>12</i>	<i>13</i>									
MEDICINE OXYGEN sign all oxygen limit boxes that you tick		Device Nasal cannula		L/min or % O ₂ (you may select multiple devices and multiple oxygen limits) 0.01-1 L/min		<input checked="" type="checkbox"/> <i>Of 11/7/14</i>		1-2 L/min		<input type="checkbox"/>			
		Headbox oxygen		<40%		<input checked="" type="checkbox"/> <i>Of 11/7/14</i>		40-60%		<input type="checkbox"/>			
		Facemask		6-10 L/min		<input type="checkbox"/>		10-15 L/min		<input type="checkbox"/>			
Prescriber's Signature bleep No. <i>Jforton 1234</i>		Mask with reservoir bag (for high O ₂ %)		10-15 L/min		<input type="checkbox"/>							
Other device.....						<input type="checkbox"/>							
Target Saturations (please circle)		NURSE CHECK ↓											
>92%		MORNING		/		<i>BW/TF</i>		<i>BW/TF</i>				RE-WRITE CHART	
>95%		MIDDAY		<i>PS/AT</i>		<i>SH/SL</i>		<i>SH/SL</i>					
Other		EVENING		<i>PS/AT</i>		<i>SH/SL</i>							
		BEDTIME		<i>BW/TF</i>		<i>BW/TF</i>							

Doctor makes clinical assessment & increases oxygen prescription

ENTER DOSE AGAINST TIME REQUIRED. USE ONE ROUTE ONLY FOR EACH ENTRY		REGULAR MEDICINES				MONTH <i>July</i>				YEAR <i>2014</i>			
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		Headbox oxygen		<40%		<input checked="" type="checkbox"/> <i>Jf 11/7/14</i>		40-60%		<input checked="" type="checkbox"/> <i>P.K. 13/7/2014</i>			
		Facemask		6-10 L/min		<input type="checkbox"/>		10-15 L/min		<input type="checkbox"/>			
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>95%		MIDDAY		<i>PS/AT</i> <i>SH/SL</i> <i>SH/SL</i>									
Other		EVENING		<i>PS/AT</i> <i>SH/SL</i>									
		BEDTIME		<i>BW/TF</i> <i>BW/TF</i>									

Clinical deterioration overnight

Nurse increases oxygen as needed

Nurse contacts doctor

ENTER DOSE AGAINST TIME REQUIRED. USE ONE ROUTE ONLY FOR EACH ENTRY		REGULAR MEDICINES				MONTH <i>July</i>				YEAR <i>2014</i>			
		DATE	<i>11</i>	<i>12</i>	<i>13</i>								
MEDICINE OXYGEN sign all oxygen limit boxes that you tick		Device Nasal cannula		L/min or % O₂ (you may select multiple devices and multiple oxygen limits) 0.01-1 L/min		<input checked="" type="checkbox"/> <i>Jf 11/7/14</i>		1-2 L/min		<input checked="" type="checkbox"/> <i>PK 13/7/2014</i>			
		Headbox oxygen		<40%		<input checked="" type="checkbox"/> <i>Jf 11/7/14</i>		40-60%		<input checked="" type="checkbox"/> <i>PK 13/7/2014</i>			
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Target Saturations (please circle)		NURSE CHECK ↓											
<input checked="" type="radio"/> >92%		MORNING		PS/AT <i>BW/TF</i> <i>BW/TF</i>								RE-WRITE CHART	
<input type="radio"/> >95%		MIDDAY		<i>PS/AT</i> <i>SH/SL</i> <i>SH/SL</i>									
<input type="radio"/> Other		EVENING		<i>PS/AT</i> <i>SH/SL</i> <i>SH/SL</i>									
		BEDTIME		<i>BW/TF</i> <i>BW/TF</i> <i>BW/TF</i>									

Doctor makes clinical assessment & increases oxygen prescription

ENTER DOSE AGAINST TIME REQUIRED. USE ONE ROUTE ONLY FOR EACH ENTRY		REGULAR MEDICINES				MONTH <i>July</i>				YEAR <i>2014</i>							
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		Headbox oxygen		<40%		<input checked="" type="checkbox"/>		<i>Jf 11/7/14</i>		40-60%		<input checked="" type="checkbox"/>		<i>PK 13/7/2014</i>			
		Facemask		6-10 L/min		<input type="checkbox"/>				10-15 L/min		<input type="checkbox"/>					
		Mask with reservoir bag (for high O ₂ %)		10-15 L/min		<input checked="" type="checkbox"/>		<i>EZ 14/7/2014</i>				<input type="checkbox"/>					
		Other device.....				<input type="checkbox"/>						<input type="checkbox"/>					
Target Saturations (please circle)		NURSE CHECK ↓												RE-WRITE CHART			
<i>>92%</i>		MORNING		<i>/</i>		<i>BW/TF</i>		<i>BW/TF</i>									
>95%		MIDDAY		<i>PS/AT</i>		<i>SH/SL</i>		<i>SH/SL</i>									
Other		EVENING		<i>PS/AT</i>		<i>SH/SL</i>		<i>SH/SL</i>									
		BEDTIME		<i>BW/TF</i>		<i>BW/TF</i>		<i>BW/TF</i>									

Child transferred to HDU & started on nCPAP with 10L/min O₂

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Prescriber's Signature bleep No. <i>Jforton 1234</i>		Mask with reservoir bag (for high O ₂ %)		10-15 L/min		<input checked="" type="checkbox"/> <i>EZ 14/7/2014</i>							
		Other device... <i>Nasal CPAP</i>		10L/minute		<input checked="" type="checkbox"/> <i>PE 14/7/2014</i>				<input type="checkbox"/>			
Target Saturations (please circle)		NURSE CHECK ↓											
>92%		MORNING		PS/AT <i>BW/TF</i> <i>BW/TF</i> <i>QW/TF</i>								RE-WRITE CHART	
>95%		MIDDAY		<i>PS/AT</i> <i>SH/SL</i> <i>SH/SL</i>									
Other		EVENING		<i>PS/AT</i> <i>SH/SL</i> <i>SH/SL</i>									
		BEDTIME		<i>BW/TF</i> <i>BW/TF</i> <i>BW/TF</i>									

Is oxygen dangerous?

- In adults with chronic respiratory disease and CO₂ retention, respiratory drive may be dependant on hypoxia
- Giving oxygen to these patients may cause CO₂ narcosis.
- These adult patients are managed with regular blood gases and lower target oxygen saturations

Is oxygen dangerous in children?

- In theory, children with chronic respiratory disease may also have CO₂ retention
- CO₂ narcosis is rare in the paediatric population
- However, Pay particular attention to children with chronic lung disease of prematurity, end stage cystic fibrosis, neuromuscular weakness and obesity
- If in doubt talk to your consultant

Monitoring oxygen (nurse)

Observation chart

4 hourly observations

RR

oxygen saturations

Level of oxygen delivered

mode of oxygen delivery

Drug Chart

Double signing of oxygen prescription at each drug round

Titrating oxygen (nurse)

If sats are **lower** than target threshold on chart

O₂



If sats are **higher** than target threshold on chart

O₂



- Always give the minimum oxygen possible
- Monitor sats for 5 mins at every change
- Document sats after 5 mins on chart
- If oxygen delivered reaches upper extreme of range, call for medical review

Stopping oxygen (nurse /doctor)

When

- Patient stable on minimal oxygen
- Sats are within range on 2 consecutive observations

How

- Stop oxygen & monitor sats for 5mins.
- If stable, continue to monitor in air for 1 hour
- If saturation falls, then re-start oxygen
- If saturation remain stable at one hour, stay in air
- Document the changes you make
- Oxygen may still be required at night and with feeding

Responsibilities

DOCTORS

Prescribe oxygen

Target saturations

Device

Oxygen delivery limits

Sign drug chart

Review withdrawal of oxygen

Cross off oxygen on drug chart

NURSES

Start oxygen

achieve target straight away

Monitor oxygen

minimum 4 hourly.

Titrate and wean off oxygen

Always give the minimum oxygen required

Record

O₂ Sats, RR, O₂ delivery, delivery device

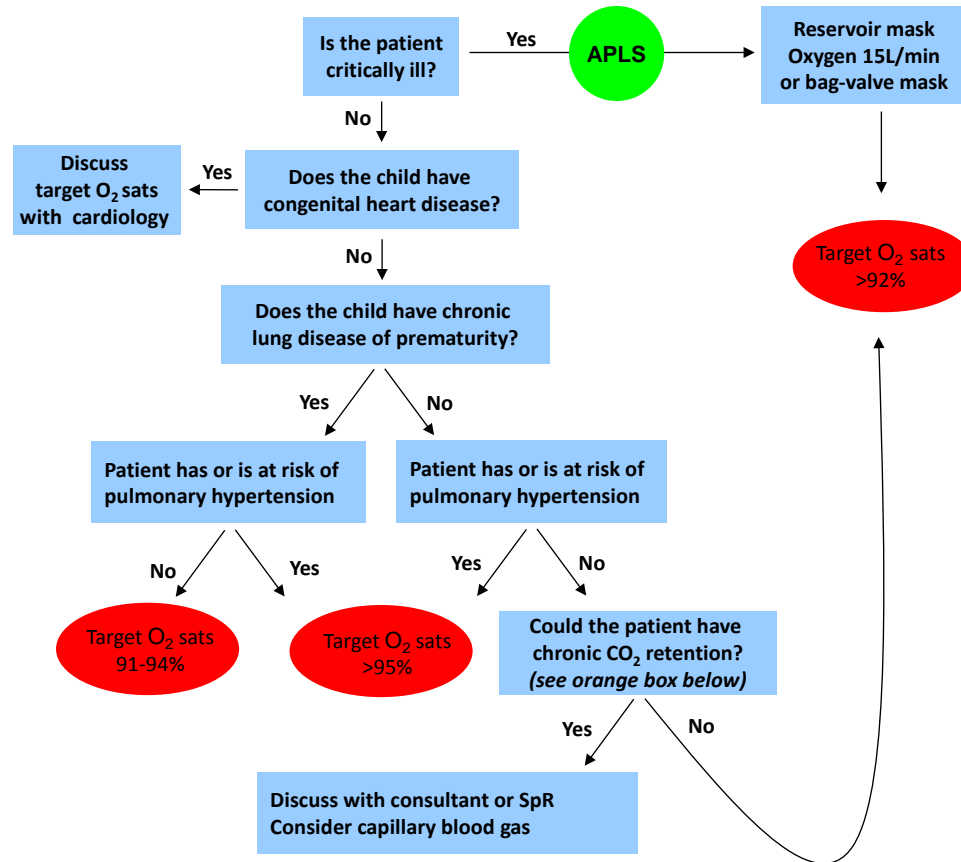
Sign drug chart every drug round

Document all changes in oxygen requirement

Inform doctors

If limits to oxygen prescription are reached

EMERGENCY OXYGEN PRESCRIBING PAEDIATRIC GUIDELINES IN SECONDARY CARE



Breathing in patients who have chronic CO₂ retention may be dependant on hypoxic drive

Take care with oxygen in the following patients

- Chronic lung disease of prematurity
- Neuromuscular disease
- Obesity
- End stage cystic fibrosis

Oxygen must be prescribed in the drug chart using the paediatric oxygen sticker

In an emergency, oxygen can be given without a prescription

Guidance on oxygen delivery interfaces in children

DEVICE/FiO ₂	INDICATIONS	ADVANTAGES	LIMITATIONS
<p>Headbox</p> <p>Humidified and warmed O₂ 24-60%</p>	<p>Suitable for infants and small children with acute episodes of respiratory illness eg bronchiolitis</p>	<ul style="list-style-type: none"> Controlled oxygen delivery Well tolerated in infants Easy delivery of humidified O₂ 	<ul style="list-style-type: none"> CO₂ build up may occur if flow <7l/min OR outflow from box is obstructed. O₂ needs to be warmed for smaller infants as the environment inside can become cold Access to give care can cause significant fall in oxygen delivered
<p>Nasal cannulae</p> <p>Maximum flow rate 2l/min</p> <p>Estimated oxygen delivery 24-40%</p>	<ul style="list-style-type: none"> Long Term Oxygen Therapy (LTOT). Minimal oxygen requirement Recovery phase from acute episodes 	<ul style="list-style-type: none"> Low cost and easy for patient to eat and talk well tolerated No re-breathing. 	<ul style="list-style-type: none"> Uncontrolled oxygen delivery Oxygen delivery is affected by flow setting, respiratory rate, depth of breathing and geometry of nose. Dries the nose, can cause headaches.
<p>Facemask</p> <p>5-15 litres/min</p> <p>Estimated oxygen delivery 40-60%</p>	<ul style="list-style-type: none"> Use for patients who need high oxygen delivery 	<p>Useful in children who</p> <ul style="list-style-type: none"> are mouth breathers have nasal irritation have epistaxis 	<ul style="list-style-type: none"> Minimum delivery 5litres/min to avoid rebreathing of expired CO₂. Oxygen delivery is affected by flow setting, mask fitting, mask leak and patient's breathing pattern.
<p>Non re-breathe mask</p> <p>6 -15 litres/min</p> <p>Estimated oxygen delivery 60-100%</p>	<p>Often used in APLS setting</p> <p>(trauma, shock, severe asthma, convulsions, reduced level of consciousness)</p>	<p>Delivers very high concentrations of oxygen</p>	<ul style="list-style-type: none"> Minimum delivery 6 litres/min to avoid rebreathing of expired CO₂. Oxygen delivery is affected by mask fitting and mask leak



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

Paediatric oxygen working group

Dr Julian Forton

Consultant in paediatric respiratory medicine

Anthony Lewis

Directorate Pharmacist, Child Health

Rowena McArtney

Senior information pharmacist

Avril Gowman

Lead nurse, Child Health

Mary Glover

Senior nurse. Neonatal Unit

Janice Gracie

Sister Ocean and Land wards

Louise Williams

Nurse Advisor - Medicines Management

